



## THE HARBOR UNITED METHODIST CHURCH

-Connect - Grow - Serve - Reach Out-

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July 11 ~ 18, 2018

### From the Desk of the Pastor

Hello Church Family and Friends,

I am sure some of you have heard the story by an unknown writer of a couple who had been married for 15 years and began to have more than usual disagreements. The two wanted to make their marriage work and agreed on an idea the wife suggested. For one month, both had to drop a slip in a "Fault Box." The boxes for each one would provide a place to let the other know about daily irritations or slipups. The wife was diligent in her efforts and approach: "Leaving the jelly top off the jar," "Wet towels on the shower floor," "Dirty and smelly socks not in hamper," "Putting feet on the coffee table," on and on until the end of the month. After dinner, at the end of the month, the two exchanged boxes. The husband reflected on what he had done wrong for the whole month. Then the wife opened her box and began reading. The messages from her husband surprisingly were all the same: the message on each slip was ~ "I love you honey!" Her husband chose to focus on the positive rather than on the negative. Unfortunately, some of us are not very different from this wife. Like her, we have made a decision to remember everything about the past. We have made a conscious decision like this woman to write down on our heart everything hurtful that has happened in our relationships with our peers or fellow parishioners. Like this woman, we continue to dig up the past hurts and throw it back on the faces of our loved ones and friends. We have made a conscious resolution never to let them forget how much they have hurt or disappointed us. Praise be to God for this husband who knew that forgiveness was not about keeping score or focusing on the mistakes of others in a locked up "Fault Box" ~ which in this case is your heart and mine. The man also understood that forgiveness was all about refusing to dredge up the past and make it a reason for action in the present. Someone said it so well, "Forgiving is not forgetting. However, it is all about letting go of the hurt." Remember, Beloved, letting go of anger and resentment can help you to keep calm, improve your health, and increase your happiness. See **(Proverbs 14:30; Matthew 5:9)**. Even more important, forgiving others is a key to receiving God's forgiveness for your own sins. — **Matthew 6:14, 15**.

In the Bible, the Greek word "forgiveness" translated literally means, "to let go," as when a person does not demand payment for a debt. Jesus used this comparison when he taught his followers to pray: "Forgive us our sins, for we ourselves also forgive everyone who is in debt to us," **(Luke 11:4)**. Likewise, in his parable of the unmerciful slave, Jesus equated forgiveness with canceling a debt **(Matthew 18:23-35)**. Forgiveness is letting go of resentment and giving up any claim to be compensated for the hurt or loss we have suffered. The Bible teaches that unselfish love is the key for true forgiveness. This is true because true love "does not keep account of the injury." See **(1 Corinthians 13:4, 5)**.

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This is why the husband in our story decided in his heart only to focus on the positive rather than on his wife's mistakes. Let us learn to forgive our loved ones, friend or foe because The Bible instructs us to forgive as the Lord forgave us: "Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you," (**Colossians 3:13**). My last Sunday before going on vacation is July 22<sup>nd</sup>. Please keep Sheillah and me in your prayers. See you in church this coming Sunday.

Love In Him,  
Pastor Abi

*Called to Serve ~ not to be Served (Matthew 20:28)*



## Announcements

1. Our Preacher this Sunday, July 15<sup>th</sup> is Dr. Barbara Bate from Washington, DC. Dr. Bate worked as a missionary in Zimbabwe and was a Christian Education Director at Brentwood UMC, Brentwood, TN. She's a singer, a counselor and a pianist / organist. Do not miss church this week!
2. From Tuesday, July 24 through Tuesday, August 14, Pastor Abi and his wife Sheillah will be on vacation in Zimbabwe, visiting his ailing mother and siblings. If you need pastoral care during this time, please call or text Lay Leader Chris Longman (517-404-6816). If you cannot reach her, feel free to call or text Ann White (781-799-9346). We have two pastors on stand-by for emergency pastoral coverage who will cover for Pastor Abi during his absence:
  - Rev. Dr. David Weekly of St. Nicholas United Methodist Church in Hull.
  - Rev. Estelle Margarones of First Trinitarian Congregational Church of Scituate.
3. The **Pie Social** is Friday, August 3<sup>rd</sup>. Please see the sign-up sheets in Bruce Hall to help make this fundraiser a success. There's a spot for everyone: pie bakers, pie cutters, Bruce Hall decorators, ice cream servers, pie slices replenisher, clean-up crew, etc. This event kicks off Scituate's own Heritage Days, a weekend of local traditions. See Sue Lovering with questions.
4. **Women's Bible Study** is on vacation for the summer. For fall series suggestions or for more information, contact Chris Longman at ([clong350@yahoo.com](mailto:clong350@yahoo.com)) or (text or call) 517-404-6816.
5. **Scituate Food Pantry:** is open!



Food Pantry hours: TUESDAY: 10am-12:45pm for clients (9am-1pm for donations)  
THURSDAY: 3:30-5:30pm for clients (3:30-6pm for donations)  
The immediate needs are: **Mayonnaise Mustard Ketchup**  
**Canned Pasta (Spaghettios, Ravioli, etc.)**

Any and all sizes of donated items are needed; larger sizes are appreciated by larger families.  
*Isaiah 58:10-12 Feed the hungry, and help those in trouble. Then your light will shine out from the darkness, and the darkness around you will be as bright as noon.*



<b>July 11</b>	Alice Hamer	<b>July 24</b>	Rachel Dickey
	Nancy Antonello	25	Marsha Avila
16	Kelsey Lovering	26	Sarah Sincocki
20	Mike Jr. Bruccoleri	27	Coni Wessman
	Ken Cerny	28	Nicholas Ryan

*Please let me know your birthday. We'd love to celebrate YOUR day!*

## From the Missions Corner: Francina's Sewing Mission

As you heard from Francina, she is hoping for donations of thread and trim to continue her mission to provide dresses for little girls. Thanks to those of you who have already donated fabric and a sewing machine! She is in good shape with those supplies. Now both ribbon and thread are items for which she is looking. Can you help? Is there some thread or ribbon that has been in your sewing box not being used? Please consider sharing for the cause.

Also, if you are a sewer, your time and talents are needed for this mission! Please talk to Francina, Dianne, Nancy (545-7031 or [nantoniell@comcast.net](mailto:nantoniell@comcast.net)) or Pastor Abi for the scoop.

Blessings from our Missions Committee  
Nancy Antonello



## THE ARK IS COLLECTING GRANOLA BARS FOR MAURA'S HOPEFUL MISSION



HUMC Missions team is collecting granola bars for Maura's Hopeful Mission. On Thursday, July 19<sup>th</sup> the Scituate team will head into Boston to feed our homeless brothers and sisters on the streets. Any flavor/type of granola, cereal bars are really appreciated! We need at least 200 and extras will be stored for their August trip into the city.

They will sort the donations this Saturday before the trip so we'll be filling the ark until Tuesday the 17<sup>th</sup>. Thank you for being the "hands and feet" in this mission opportunity!





# PRAYERS OF THE PEOPLE



Please lift the following in prayer, that they may be strengthened, guided, and healed.  
If there are other prayer concerns that you wish to have on the Prayer Chain,  
please contact Alice Hamer at 781-545-4112 or

Kerry Renzi at 508-513-7193 or [kerryrenzi@yahoo.com](mailto:kerryrenzi@yahoo.com) or Mary Voelger at 781-545-9000 or at  
[zackzipp@aol.com](mailto:zackzipp@aol.com) Updated information is appreciated..

*"And pray in the Spirit on all occasions with all kinds of prayers and requests  
With this in mind, be alert and always keep on praying for all the Lord's people." (Ephesians 6:18)*

**Prayers of Praise and Thanksgiving:** That Patty Hamer's surgery was successful. Praise the Lord!

- \* That both William and Denise are out of the hospital and back in their homes recovering with God's help.
- \* That Dianne, Janet Hawver's friend, is doing very well and is in remission. Thanks be to God!
- \* That Gracie Longman is home and at church last Sunday! God is Good, All the Time!
- \* That John S. had good news after the body scan: keeping watch on the lymph node ... no other treatment planned.

**Prayers for those fighting cancer:** For James Grande who has esophageal cancer ... prayers for strength and comfort. For Cindy McCall For Ellen Hayes For Barbara Crowley who is in treatment for lymphoma For Gary Thompson ... fighting colon cancer ... is having a break from chemo ... testing soon to see where he stands ... prayers for good news. For Lila Sparrell who has just completed her 2<sup>nd</sup> course of treatment for bone cancer ~ prayers for good results. For Joanne M. for strength in dealing with lung cancer and finding a new treatment that may work. Prayers please for Brian who is in the midst of 8 months of daily chemotherapy and weekly injections. Dan, fighting prostate cancer For Paul Finnigan ... prostate cancer Parker Sullivan, a young boy who is responding well to treatment in his fight against leukemia George Neat ... prostate cancer in remission ~ now having lung issues

**Prayers of the People:** Prayers for Carolyn Harbour who's now at South Shore Hospital in the Critical Care Unit with acute pneumonia. Please keep her and all of her family in your prayers. \* Prayers for Gracie Longman who's started school in Braintree, that she finds peace and healing. \* Prayers for Harvey who has suffered three strokes and has a blocked carotid artery ~ that he is able to have surgery and that it's successful. \* Prayers for Janet Mills who fell at the end of May and broke her femur. She's at LifeCare Center. Her daughter was with her when she fell. \* For Mike Davies, Mary's nephew: doctors have rescheduled the surgery for July 16<sup>th</sup>. Prayers that the surgery be successful for his heart and not cause further damage to his kidneys. \* Prayers for Frank Longman who has had a fall, broken his right arm, had surgery ... not an easy break ... prayers for his comfort during a long recovery period. Now in a cast. \* Prayers of healing for David, especially his back and foot pain and that the pain pills he takes will have no ill side effects. \* Prayers for Tom Watson who has been transferred to the Intensive Care Unit at Mass General. Cards can be sent to: Tom Watson, 1000 Glades Road, Scituate, MA 02066. Prayers for healing, comfort, and strength for Tom and Liz. \* For the peace of Jerusalem. \* Prayers for Charlotte's grandson Declan who is ill.

**Please continue to keep the following in your prayers for healing and strength as they continue to recover at home or in a facility:** Alice Hamer, Shirley Lynam, Joey Renzi, Ann's friend Peg McDonald, Ann's cousin Cathy, Wendy Murphy, and Sue Hands.

**For all in nursing care:** Peggy's sister Claire, Lucy Morris, and all others. Please bless them with comfort and peace. Grant that their caregivers are kind, compassionate, and very well trained.

